



**THE JOYRIDERS**  
**THERAPEUTIC RIDING ASSOCIATION**  
Prince Edward Island, Canada



**“THE WHINNY”**  
Issue #28 ~ SPRING 2022

**OUR MISSION**

The enhancement of the physical, emotional and social well-being of children and adults with disabilities through various forms of therapeutic riding.



**WELCOME BACK, JUSTIN!**

So happy to see Justin MacEwen back in the saddle this spring. Justin is riding Pixie with his support team (from left): Merv, Julie, and Florine.



## FROM THE EDITOR'S DESK

I can hardly believe we have just concluded our Spring Riding Program! Bobbi the Mini also did his bit in the “Pet and Play” program. We were blessed with some good weather so we could use the outdoor riding ring.

At our AGM, we said farewell to board members **Mel Gallant** and **Pat Lush**, and welcomed **Dr. Laurie McDuffee** and **Edna Reid**. We sent Mel and Pat out in style! The board now takes a well-earned break during the summer and meets again in September.

Don't forget to check us out on Facebook, including lots of photos of the spring programs. We finally seem to have arrived in summer, so it's time to catch up on some fresh air and sunshine – and court a suntan. Enjoy!

*Daphne Davey*



## CANDID CAMERA!



*Caught in the act of chatting at the Joyriders AGM: board members Mel Gallant (left) and Butch McGee.*



## BOOK LAUNCH!

**SATURDAY, JULY 16**  
**1–4 pm**  
**River Trails Ranch**  
**Hunter River**

### **FREE TO ROAM: THE FOURTH DECADE** **The Story of the Joyriders 2009–2019**

In her first book, *Free to Roam: The Story of the Joyriders 1979–2009*, **Daphne Davey** shared her personal story of the founding and first three decades of this special therapeutic riding program. Enriched by all the people and horses who took part in the program over those years, and many in the wider community who supported it, she felt the call to continue its history.

*Free to Roam: The Fourth Decade – The Story of the Joyriders 2009–2019* takes us up to the 40<sup>th</sup> Anniversary celebrations. Along the way, new faces emerge, old ones depart, but the spirit, vigour, enthusiasm, and commitment shine through as strongly as ever, both in the boardroom and the arena.

**Price: \$20**

A portion of the proceeds will be donated to the Joyriders. The Book Launch is open to the public.

### **ALL WELCOME!**

Copies of the book will also be carried at Indigo and the Bookmark in Charlottetown, and at Seaside Books, Main Street, Summerside.

If you would like to buy a copy but can't make it to the Book Launch or any of these stores, why not email Daphne at [ddavey@eastlink.ca](mailto:ddavey@eastlink.ca) to explore other arrangements.



## PARKDALE-SHERWOOD LIONS COME THROUGH AGAIN



Thanks so much to **Parkdale-Sherwood Lions Club** for another donation! Lion Ronnie Carmichael (right) presents a big cheque for \$5000 after watching Vaeda Matheson give a riding demonstration on Pixie. From left: Molly McHugh, Kathy Barrett, Vaeda, and Ronnie.

## PEI CP ASSOCIATION REVIVAL

Congratulations to **Hannah MacLellan** and friends who have revived the PEI Cerebral Palsy Association after a lull. At their recent AGM, Hannah was elected vice-president to a board that is full of plans and ideas to serve their members. For more information, visit them at

<https://www.cerebralpalsypei.com/>  
<https://www.facebook.com/peicpa/>

Two former Joyriders were at the meeting: Janel Clements and Nicholas MacPhail. It was great to meet them after a number of years. I also had the opportunity to speak about our program and provide flyers depicting some of our riders with CP, to encourage others to apply. Thanks to Hannah for the invitation to attend.

*Daphne Davey*



Canadian Therapeutic  
Riding Association  
NEWS

## NATIONAL AWARD FOR MEL GALLANT

At the recent CanTRA AGM, the annual national awards were announced. Our **Mel Gallant** won the 2022 Marian Chartley Outstanding Administrator award. Not at all surprising! Mel has served faithfully and effectively on our board for a number of years, including as vice-president, secretary, and in recent years, treasurer. We will be making the presentation to him later this summer. Our sincere congratulations!



## “PET AND PLAY” WITH BOBBI

Bobbi takes the spotlight as Linda Stewart helps Justin MacEwen (top) and Norah McNally (bottom) have fun.





## SPRING RIDING PROGRAM

### HOT TO TROT ON TUESDAYS



*Top to bottom:  
Cassidy Cheverie over the poles on Henry / Rowan MacDonald  
trotting on Henry / Vaeda Matheson independent on Pixie*



### MORE HOT TO TROT ON TUESDAYS



*Rowan on Henry and Vaeda on Logan do some stretches.*



### CELEBRATIONS AT OUR AGM

We spiced up our AGM this year! Although we were sad to see two directors retire, we gave them a great send-off. At the same time, we elected two new directors (see page 6). We also presented a volunteer certificate (see page 7). All this outshone our mundane but necessary AGM business.

### RETIREMENTS

We said goodbye to **Mel Gallant**, with our deep appreciation for his sterling service to the board. He started in 2004 and served through to this year, with a short time-out part way through. His 15-year service included stints as vice-president, secretary, and treasurer.



*Daphne presents Mel with a souvenir binder.*



Pat Lush made a brilliant cartoon picture of Mel in action, faced with a herd of horses who had made donations of carrots to the Joyriders and were demanding individual tax receipts for each carrot (shades of 100 Women Who Care!). The artwork was also made into a thank-you card.



*Mel accepts the framed picture from artist Pat Lush (centre) and Janice Cole (past president).*

We shall also miss **Pat Lush**, who joined the board in 2017 and served for part of that time as secretary. She also recruited two new board members for us. Her strong voice of reason, her common-sense approach, and her let's-get-on-with-it attitude kept us on track many times.



*Pat receives a thank-you memento from Daphne.*

But we weren't finished with Pat yet – or, rather, Janice wasn't. She had knitted her a toque decorated with horses (including one with a missing leg!).



## SPRING RIDING PROGRAM

### THUMBS UP ON THURSDAYS



*Chief instructor Kathy Barrett "walks" her two students through a dressage pattern before they try it out on horseback. From left: Emily Craig, Kathy, Patricia Bradley.*

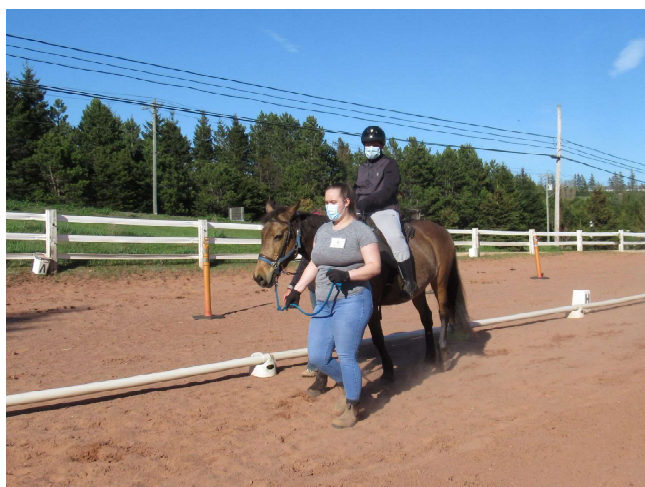
*Emily on Henry and Patricia on Logan receive some hints on how to ride the dressage test. Both girls then practiced the pattern, riding independently.*



## MORE THUMBS UP ON THURSDAYS

*Top to bottom:*

*Jessica Pye rides Henry with impulsion / Spencer Brennan on Pixie enjoying the great outdoors / All eyes on Justin MacEwen riding Pixie as he aims for the bucket (yep, bull's eye!)*



## MORE CELEBRATIONS AT OUR AGM

### INTRODUCING ...

#### Edna Reid

Edna has had a long career in volunteering and fundraising for charities. She has been a Rotarian for over 20 years, involved with Easter Seals, the United Way, the Rotary Club of Charlottetown, as well as Camp Gencheff and the IWK, among others. Edna also runs her own insurance business, Benefits Plus Inc.



#### Dr. Laurie McDuffee



Laurie has been a veterinarian for over 30 years. She joined the Atlantic Veterinary College in 1998, where she is currently chair of

the Department of Health Management and sits on the Dean's Council. Laurie is a former Joyriders volunteer. She also conducted research on "stress in therapy horses," which involved our horses, as well as offering a workshop for our instructors.

### BITS AND BYTES

- \* Congratulations to past board member **Gillian Lush** on the safe arrival of her daughter, Felicity, a brother for Alex.
- \* A shout-out to **East Royalty Lions Club**, who donated \$200 to the Joyriders.
- \* Sincere thanks to **ParaSport & Recreation PEI** for acting as our phone message centre.
- \* And congratulations to **our instructors** on renewing their First Aid/CPR certificates.





## A NEW INDUCTEE IN THE "500 CLUB"

Congratulations to instructor **Lauren MacIsaac** on joining the 500 Club, representing volunteers who have contributed 500 hours to the program. Her certificate was presented at the AGM by MLA Brad Trivers (representing Premier King) and rider Emily Craig.



*From left: Kathy Barrett, Lauren, Emily and Brad Trivers.*



## SPRING RIDING PROGRAM

### SADDLE SAVVY ON SATURDAYS



*Marc McKearney enjoying the sunshine on Logan.*

*Top to bottom:*  
Charley Anne Cutcliffe completes the poles exercise with Pixie /  
Ryan MacNeil rides Henry independently while arm circling /  
Paxton Cole (left) on Logan and Hannah MacLellan on Henry  
after riding a dressage test. Joyriders friend Valerie Paton (centre) did  
the judging.



*Photo uncredited.*

***BOARD OF DIRECTORS  
2021-2022***

<i>President</i>	Daphne Davey
<i>Past president</i>	Janice Cole
<i>Vice-president</i>	Jim McQuaid
<i>Secretary</i>	Florine Proud
<i>A/Treasurer</i>	Janice Cole
<i>Directors</i>	Dr. Laurie McDuffee Butch McGee Elizabeth Rankin Edna Reid Linda Stewart Karen Thompson
<i>Directors ex officio</i>	Kathryn Barrett <i>Chief Instructor</i> Deena Robb <i>Volunteer Coordinator</i>



***“THE WHINNY”***

Semi-annual newsletter of  
THE JOYRIDERS  
Therapeutic Riding Association of PEI  
PO Box 20149, Charlottetown,  
Prince Edward Island, Canada, C1A 9E3

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**SUBMISSIONS** are welcome! Why not write something or send a photo or drawing?

**PHOTOS** are by Daphne Davey unless otherwise credited.

*The Whinny* is posted on Facebook  
**[https://www.facebook.com/  
thejoyriderspei/](https://www.facebook.com/thejoyriderspei/)**

***PROGRAM TEAM***

***Chief instructor***  
Kathryn Barrett, CanTRA Coach

***Instructors***  
Lauren MacIsaac, CTRBI-2  
Gilles Richard, CTRBI-2  
Daphne Davey, CTRBI  
Debbie Gormley, CTRBI  
Marg Gray, CTRBI  
***Instructor trainee***  
Doug Ellis

***Physiotherapist***  
Trish Helm-Neima

***Volunteer Coordinator***  
Deena Robb  
deena.robbs@gmail.com

***Rider Coordinator***  
Julie Scales  
juliescales@msn.com

***RIDER APPLICATIONS  
COORDINATOR***

Ellen McCloskey  
ellen.jmccloskey@gmail.com



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thejoyriderspei](https://www.facebook.com/thejoyriderspei/)**

**[www.cantra.ca](http://www.cantra.ca)**