



Therapeutic
Riding
Association
Prince Edward Island
Canada

The Whinny

Issue #16 November 2015

OUR MISSION is the enhancement of the physical, emotional and social well-being of children and adults with disabilities through various forms of therapeutic riding

Triple Threat

Our three favourite Miniature Horses were the centre of attention this summer at the Horsemanship Program.

Bobby (back again by popular demand) was a model of patience while being groomed, led and steered through obstacle courses.



Bobby



Whinny



Tequila

Tequila (a new member of the Mini Team) graciously submitted to all that, as well as pulling the little cart.

On the other hand, **Whinny** had a special role, simulating the movement of a real horse by rocking back and forth without moving forward!

From the Editor's Desk

As we draw near to the end of 2015, we can look back at yet another year filled with activity. Our clients forged ahead, learning new skills in our programs (Riding in spring and fall, and Horsemanship in summer). Our instructors weren't idle, either. Program Team members took part in four instructor clinics this year, amassing the necessary updating hours to maintain their instructor certification.

On top of all that, our intrepid board of directors put on the grandest fund-raising evening at Gingerwood in partnership with hosts Danny and Martie Murphy. And their other fundraising efforts brought in sponsors and donors from a variety of sources. We are grateful to them all.



Daphne Davey

News From National

35th anniversary year wraps up

CanTRA also had a very busy year, taking opportunities to celebrate its 35th anniversary. The focus was on two particular programs: a series of 35th-anniversary workshops across the country, and a Royal Reception during the Royal Winter Fair.

In the Atlantic region, the back-to-back clinics in Moncton in June with presenter Jane James were designated 35th anniversary workshops, and came with an anniversary cake for the participants. CanTRA also distributed water bottles and donated a CanTRA cap as a door prize.

The Royal Reception included a brunch, silent auction, appreciation gifts, and a slide show. The event was attended by their Excellencies the Right Honourable David Johnston, Governor General, and Sharon Johnston. Other special guests included Ian Millar (an honorary director of CanTRA), Lauren Barwick (equestrian Paralympian), recently inducted into the Disability Hall of Fame, and young riders from the Sunrise program in Guelph. MC was Jeff Tiessen, a member of CanTRA's Advisory Council and a retired Paralympian whose track record hasn't been broken yet.

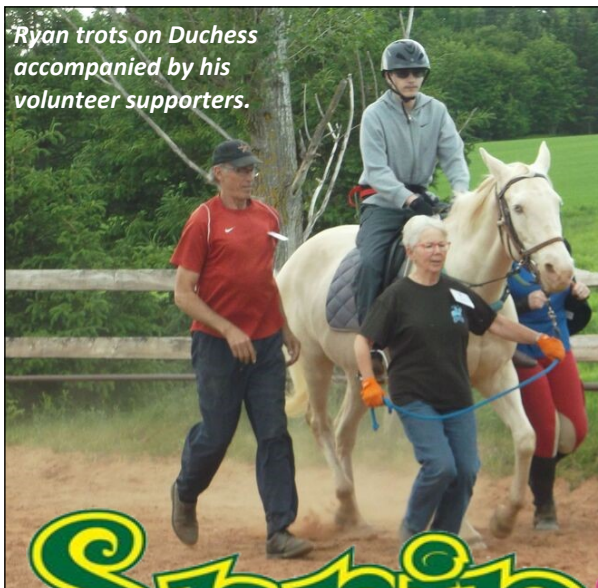


*Celebrating 35 Years
of CanTRA in 2015!*

Condolences

We were all deeply saddened at the sudden death of Ralph Manning Jr. in October. Ralph was well known and much loved and admired as a physiotherapist, especially for his work with UPEI sports teams. He also grew up with horses and was an active Pony Club member in his youth. A few years ago, Ralph served for a short period on the Joyriders board.

We extend our condolences to Ralph's wife Tara Schumaker, his mother Maylea (a long-time supporter of the Joyriders), his brother Alan (a vet practicing in Ontario, and who sponsors the CanTRA Therapy Horse Award each year), and his sister Susan-Lea, and all their families.



Ryan trots on Duchess accompanied by his volunteer supporters.



Assistant Instructor Lauren does a tack check on Duchess.



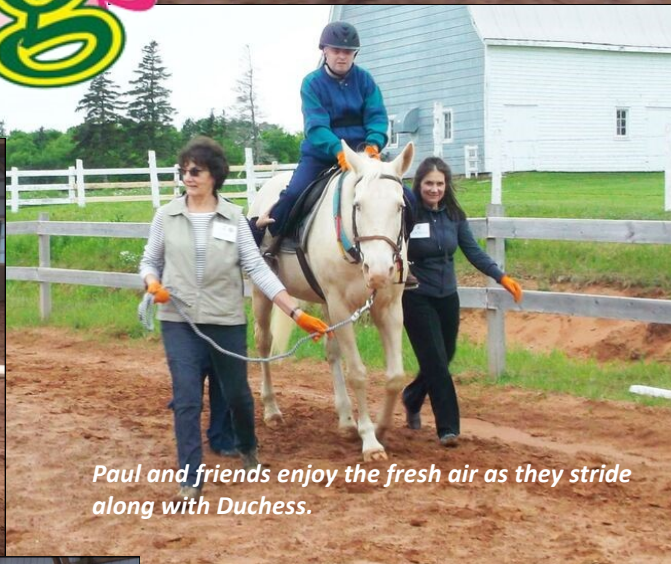
Cody, Jewel and leader Karen demonstrate a "forward walk."

Spring Fling

2015 Spring Riding Program



Graduates of the Leader Level 1 course: Cassandra (left) with Duchess and Anja with Jewel model the leaders' hot orange SSG gloves.



Paul and friends enjoy the fresh air as they stride along with Duchess.



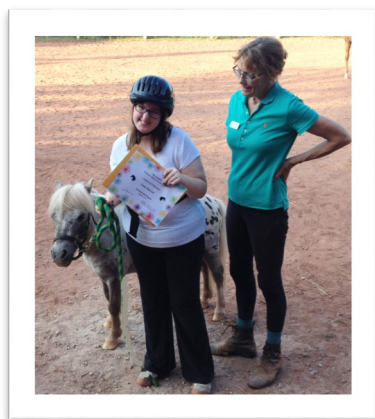
Jewel and leader Mary discuss the technical difficulties of videotaping in the arena with David.



Volunteer Linda schmoozes with Duchess. Who wouldn't want to!



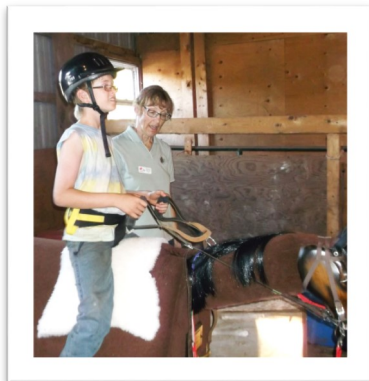
Jessica runs up her stirrups on Tanner's saddle, supervised by Lauren. Photo: Glen Pye



Cassy (with Bobby) receives her Achievement Certificate from Kathy.



Isaiah, with Kathy, practices his riding position on Whinny.



Linda helps Sophie run up her stirrups after a ride on Whinny.



Kathy presents Achievement Certificates to Emily and Sophia. Whinny should get one too!



Kathy watches Cassidy and Bobby try the bridge obstacle.



Lucas (right) and friend get Bobby spruced up.

Sharlena, waiting with volunteer Cassandra, knows her turn will come.



Summer Program



Lauren and Tequila take Ewen for a cart ride. Kathy cheers them on.

Instructors Never Stop Learning

CanTRA 35th Anniversary Workshops

In June, we were fortunate to have Jane James, CanTRA Examiner (BC), visit the Maritimes and offer to hold a weekend of workshops at Cavalier Riding Club near Moncton. The two days covered everything you wanted to know about volunteers (recruiting, training, keeping) and instructors (mentoring, training volunteers, teaching). These workshops were designated CanTRA 35th Anniversary events and came complete with a 35th anniversary cake.



Jane James (right) presents Kathy Barrett with her CanTRA Coach certificate. This is the top level of the CanTRA instructor program and is awarded to Instructors (CTRI) with extensive and long-standing experience in therapeutic riding.

Atlantic Fall Workshop

We were back at Cavalier Riding Club in September, this time for a workshop given by CanTRA Examiner Evelyn Fraser (NS) and Cavalier's physiotherapist, JoAnn Thompson Franklin. Their joint presentation included lesson plans, riding assessments, mounting and dismounting, and games.



Bright-eyed and bushy-tailed at dawn, members of the Program Team gather in Hunter River to car pool to Moncton. From left: Trish, Debbie, Stephanie, Kathy, Melda, Lauren, and Daphne (behind the camera).



Our own physiotherapist, Trish Helme-Neima, demonstrates a safe way to transfer a rider from their wheelchair

Another Gingerwood Fundraiser Success

Once again, our biennial big-bash fundraiser, hosted by Danny and Martie Murphy at Gingerwood, turned out to be a terrific evening. Lennie Gallant and his band, Patrick Ledwell, and Brian Craswell (auctioneer) made a formidable cast of entertainers! The event was a roaring success, of course.

Guests enjoyed delicious snacks, a bar, a silent auction and live auction, and top-notch entertainment. Members of the Joyriders Board and Program Team fit into every kind of volunteer role: they drove the "taxi" buggies, greeted guests, supervised the silent auction, tended the bar, waited tables, washed wine glasses, and (thanks to Rachael Loggie) held aloft the live auction items.

Many thanks to everyone who bought tickets, especially local businesses who sponsored corporate tables. Thanks also to our entertainers whose names helped to draw the crowd. Thanks to the Joyriders organizing committee, especially Andy and Deena Robb, whose detailed progress reports revealed just how much work went into putting on this amazing show. And finally, thanks once again to Danny and Martie Murphy for making us feel so welcome in their home.

Congrats to a New CTRAI!

Congratulations to Ashley Butt, a volunteer with the Rainbow Riders therapeutic riding program in St. John's, Newfoundland, who joined us this fall. In September, we met her at the CanTRA workshop in Moncton, and the same weekend she took her CTRAI exam there. She has now completed all phases of the exam and is a newly minted CTRAI. We are delighted to have her join us while she sojourns on PEI.



Ashley with Tanner.



Oh horrors! Sarah has just noticed those horns on the head of Charley Anne's mom, Tracy!



*Jessica Pye and Duchess make a good fit!
Photo: Glen Pye*



Volunteer Coordinator Deena Robb claims the throne with her attendants: volunteers Virginia and Christine.



Our new Equicizer trailer for transporting Whinny and promoting the Joyriders all in one.

PROGRAM TEAM

Chief instructor (CTRI)/CanTRA Coach

Kathryn Barrett

Assistant Instructors (CTRAI)

Stephanie Compton

Daphne Davey

Debbie Gormley

Marg Gray

Trish Helm-Neima

Lauren MacIsaac

Gilles Richard

Physiotherapist

Trish Helm-Neima

Also part of the Team

Deena Robb, Volunteer Coordinator

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Julie Scales, Rider Coordinator

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"THE WHINNY"

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Nicole Kitchener, Designer

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SUBMISSIONS are welcome! Why not write something for the next newsletter, or send a photo or drawing?

PHOTOGRAPHS are by Daphne Davey unless otherwise credited.

The Whinny is also posted on our website, www.thejoyriders.ca

CHANGE OF CONTACT INFORMATION

Please forward address or email changes to the editor.