

JOYRIDERS Therapeutic Riding Association Prince Edward Island, Canada

Charitable #119239945RR0001

The Whinny

Issue #19

June 2017

OUR MISSION is the enhancement of the physical, emotional and social well-being of children and adults with disabilities through various forms of therapeutic riding



hen Ryan started riding with The Joyriders in 2010 at a tender age, he needed a lot of support to learn and understand what riding was all about and the relationships he needed to develop with his horse and his instructor.

One spring, chief instructor Kathy Barrett and physiotherapist Trish Helm-Neima challenged him to take more responsibility for steering his horse, paying attention to what the lesson was all about, and generally working towards being more independent.

From then on, Ryan has never looked back. He has become a very capable rider, often riding without a leader or side-walkers. He has become enthusiastic and willing to ride any horse offered to him. He focuses on his instructor and carries out exercises, walk, trot, halt, and games, and has also completed a videotaped trail course

for Canadian Para-Equestrian competition.

In 2015, Ryan took part in a video of the Joyriders program produced by the United Way, one of our generous funders.

The video includes an inter-

view with Ryan and his mother, as well as scenes of Ryan riding in the arena. Visit www.youtube.com and search Ryan's Story.

A final word from Kathy: "When Ryan spoke in the video of his thrill to be riding, it really touched my heart, and I hope it will touch the hearts of many others who will watch this video."

Congratulations, Ryan, on your award! Adapted from the award citation.



Ryan receives his plaque



News From National

In memory of Dr. Gillian Lawrence

To recognize the enormous contribution to therapeutic riding from international and national down to local levels that Dr. Gillian Lawrence made over many years, the CanTRA board has instituted the Dr. Gillian Lawrence Memorial Lecture. This lecture will be presented at each HETI (Horse in Education and Therapy International) triennial international congress, starting with the 2018 congress in Dublin. The lecture's focus (like that of Dr. Lawrence) is to be on the medical or therapeutic aspect of therapeutic riding.



Sallie Murphy chosen Administrator of the Year

CanTRA's 2017 Jetty Chapman Award for Outstanding Administrator has been awarded to Sallie Murphy from the HALTR program in Halifax, NS. Sallie, like Dr. Gill, is no stranger to the Joyriders. She has just retired after many years as CanTRA's Zone Representative for the Atlantic Provinces, keeping in touch with us to exchange news as CanTRA's volunteer "two-way radio" in the region. Sallie is a CanTRA Intermediate Instructor (CTRII) who has on many occasions participated in instructor technicals, exams, and workshops alongside attendees from the Joyriders. Congratulations, Sallie!



From the Editor's Desk

It seems odd to be including news and photos from the fall and winter while outside the window it is a beautiful day with blue sky, sunshine, green grass, and twittering birds. But inevitably, the seasons come and go - and we move forward towards summer!

The Joyriders AGM in May saw some changes on our board. We said thank you and farewell to Melda Jones, Joy MacDonald, Lori Morris, and Phil Pineau. We welcomed new board members Pat Lush (a former volunteer) and Anne-Marie MacPhail. And our newsletter designer, Nicole Kitchener, has moved from being a director to Social Media Coordinator. (See the full board list on page 8.)

We have been extremely fortunate to be recipients of great generosity from community sponsors. Please do note who these organizations are, acknowl-



edged in this newsletter. Fund-raising for any charity is a big task, so our board should be congratulated on their effectiveness, while we say a heartfelt thank you to our supporters. And 2017 is "Gingerwood" year, our biennial fund-raising event hosted by Danny and Martie Murphy in Stanhope. Please do what you can (sell tickets, donate or solicit auction items, volunteer on the night) to help this event be another huge success. (See attached flyer.)

Daphne Davey

Onto Greener Pastures "Cue"

We are sad to report that Cue, one of the most faithful therapy horses in the history of the Joyriders on PEI, has been released to greener pastures. Cue was on permanent loan to the program by a generous veterinarian, and in his 17 years of service carried many different riders. The earliest photo of Cue was taken in 1998, and he was retired from the program in 2015, believed o be 20 years old.

Highlights of Cue's career included serving as a demonstration horse at the 2011 CanTRA Conference on PEI, and serving as a model for the new Joyriders logo. He will be remembered by many young and smaller riders who gained confidence on this 13.1 hh pony who knew his job so well.

But especially, he adapted to two riders at the opposite ends of the physical ability spectrum: Hannah who rode him as a young child and, years later, without leaders and side-walkers for the Para-Equestrian Video Competition, and Barbara who was transferred to the saddle from her wheelchair using a hydraulic lift. Before Barbara was mounted, Cue would be brought to her so they could exchange greetings. This became a ritual before the start of her lessons. Cue was so attuned to her that he would respond to her slight aids for steering, walking on, and halting using her special reins and the movement of her

head and pelvis. Hannah spoke for all Cue's riders when she said, "When I ride Cue I feel I don't have a disability. When with me and the other riders with the Joyriders he is the most wonderful pony ever."









Maria, Ewen and Holly. Tell us the joke!



Justin (centre) with Doug and Trish, not feeling blue at all.

Candid Camera



Zoe and Logan. A perfect T-shirt ad.



No flies on Tanner!

Bits & Bytes

Did you know?

- * Deena Robb, Volunteer Coordinator, lists nearly **70 volunteers** on her roster and that doesn't include our board members, instructors, or herself!
- * Nicole Kitchener, Social Media Coordinator, reports that in the last month our **Facebook page** reached 10 different countries. And our "fan" breakdown is 85% woman and 12% men.

Hannah's Bill: Rider Hannah MacLellan made her mark in the PEI Legislature recently when Bill 49 (a bill to amend the Highway Traffic Act) was named "Hannah's Bill." The amendments include a change in wording from "disabled parking spaces" to "designated accessible parking spaces," and "persons with physical disabilities" to "persons with mobility impairments." And watch out! The fine for illegally parking in an accessible parking space is going up from \$100 to \$200.

Congratulations to Rose Leger in attaining her Bachelor of Education degree. Rose volunteered with us a few years ago, took a leave of absence, and has now returned. Welcome back, Rose!



Christmas Crackers 2016



Ugly Christmas Sweater Contest







Second place: Patricia Bradley



Third place: Jessica Pye

They Make it all Happen: Our Major Sponsors and Donors

- United Way, \$18,700 (2017-19)
- Easter Seals PEI, \$5,000 (2016 campaign)
- Parkdale-Sherwood Lions Club, \$5,000
- Rotary Club of Charlottetown Charitable Trust, \$5,000
- ParaSport and Recreation PEI, \$750

- ♦ Stewart McKelvey Law Office, \$636
- Hunter River Lions Club, \$500
- ♦ East Royalty Lions Club, \$200
- Stratford Lions Club, \$200
- And generous donations from UPSE and from Dr. Rosemary Henderson.



Every year, the Union of Public Sector Employees (UPSE) holds a Have A Heart Campaign, inviting registered charities to make a short presentation. This is the second time that UPSE has chosen to donate to the Joyriders. We also thank our rider Mikaela's aunt, who serves on the donations board, for her support. Amanda Brazil (centre) presents the cheque to Deena Robb and Lori Morris.

Photo courtesy UPSE



Marida Ma

(Above) Adam riding Mac outdoors, with volunteer Wendy Eisen.

(Right) Douglas representing PEI in the Parade of Flags at the 1988 International Congress on Therapeutic Riding in Toronto.

Two long-standing riders retire

We say a fond farewell to **Douglas Roper** and **Adam Bateman**, both with the program for many years. Besides riding lessons, between them they have joined in many other activities over the years, including riding demonstrations and horse shows, fund-raising, and serving on our board.



At the Barn

Jesse (Jewel), Marc (Logan) and Ryan (Tanner) race off in the obstacle course during the Fall 2016 program. It's no holds barred in tackling the three elements: circling the pylons, collecting an item from the barrel, then dropping it in the bucket at the far end.

(Inset) A gaggle of googlies waits with bated breath to be chosen next for the barrel-to-bucket relay race. Games bring out the real equestrian - riders forget all the technical stuff and just ride, with amazing results!



We really do have some wonderful parents! Jessica's dad, Glen Pye, woodworked this fine cabinet, full of drawers for the many items of special equipment we use, to fit into the arena corner. From left: Marg and Kathy, Glen Pye, Joan and Ginny and Iran.

2017-2018 BOARD OF DIRECTORS

President Janice Cole Ex officio Kathy Barrett

Chief Instructor

Vice-president vacant

Trish Helm-Neima
Secretary Mel Gallant Physiotherapist

Treasurer Jennifer DeCoursey Deena Robb

Volunteer Coordinator

Directors Patricia Lush

Shelley MacEwen Nicole Kitchener

Anne Marie MacPhail Social Media Coordinator

Jim McQuaid
Butch McGee Director emeritus Andy Robb

PROGRAM TEAM

Chief instructor (CTRSI)/CanTRA Coach

Kathryn Barrett

Assistant Instructors (CTRBI)

- Stephanie Compton
- Daphne Davey
- Debbie Gormley
- Marg Gray
- Trish Helm-Neima
- Lauren MacIsaac
- Gilles Richard

Physiotherapist

Trish Helm-Neima

Also part of the Team

- Deena Robb, Volunteer Coordinator
 - deena.robb@gmail.com
- Julie Scales, Rider Coordinator
 - juliescales@msn.com

"THE WHINNY"

Semi-annual newsletter of The Joyriders Therapeutic Riding Association of PEI Inc.

PO Box 20149, Charlottetown, Prince Edward Island, Canada, C1A 9E3

- Daphne Davey, Editor
- Nicole Kitchener, Designer

SUBMISSIONS are welcome! Why not write something for the next newsletter, or send a photo or drawing?

PHOTOGRAPHS are by Daphne Davey unless otherwise credited.

The Whinny is also posted on our website, www.thejoyriders.ca

CHANGE OF CONTACT INFORMATION

Please forward address or email changes to the editor.

VISIT THESE WEBSITES!

www.thejoyriders.ca

www.cantra.ca

www.disabilitytodaynetwork.com

(CanTRA channel under Partners tab)





The Joyriders Therapeutic Riding Association

is pleased and proud to invite you to a memorable evening of laughter and music at Gingerwood, featuring two of PEI's finest entertainers



Patrick Ledwell and Meaghan Blanchard

Patrick's quick-witted comedy has brought him national recognition with multiple appearances on CBC Radio's "The Debaters".

Patrick has been a featured speaker to well over 150 professional and conference groups, and his first book, "I Am An Islander", is a Canadian bestseller. He has appeared at events across Canada, from the Royal Visit in Charlottetown to a recent performance in Inuvik, above the Arctic Circle.



During the summer season, Patrick performs with Mark Haines in the hit PEI show, "The Island Summer Review".

Meaghan is a singer-songwriter who grew up within a family of musicians in Hunter River, PEI. She is a gifted guitarist with a

chrystal-pure voice and a unique ability to tell stories through charming character-driven songs. Meaghan is an acclaimed, multiple award-winning artist who took home her second East Coast Music Award for her third album, "She's Gonna Fly", a project recorded in Athens, Georgia with esteemed producer John Keane. She has performed for the Duke and Duchess of Cambridge, toured extensively across Canada, the US, and the UK, and has also inaugerated a song-writing camp for girls.

Auctioneer: Brian Craswell

View auction items at: www.thejoyriders.ca

JOYRIDERS uses horses in a self-supporting, volunteer-run program with a mission to enhance the physical, social and emotional well-being of children and adults with disabilities through various forms of therapeutic riding.

When: Saturday, September 16, 2017 at 7 pm

Where: Gingerwood, Stanhope, PEI

What: Reception, Silent and Live Auctions, Entertainment

SPONSORSHIPS:

Major Entertainment and Catering Sponsorships are available at \$ 1,000. A number of Corporate Tables are also available, at \$ 500 per table. All sponsors will receive four (4) tickets and a tax receipt. Individual tickets will sell for \$ 65.