

FREE TO ROAM



The Story of the Joyriders 1979--2009



by Daphne Davey

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1979–2009*



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From small beginnings as therapy for World War II veterans, horseback riding for challenged children and adults for therapy, recreation and sport has now spread around the world, bringing exciting benefits.

In this book, Daphne Davey unfolds the story of one such program from bud to blossom as the Joyriders Therapeutic Riding Association celebrates its thirtieth anniversary. In so doing, she not only honours the many people who have contributed to its success but explains just how and why the concept of horses as therapists works. Viewed through this lens, our understanding of the *abilities* of disabled people experiences a metamorphosis—and we are assailed by an irresistible urge to volunteer with the nearest program.

Daphne Davey is a freelance editor, writer, translator and indexer. She shares her mini-farm in Long Creek, Prince Edward Island, with two adorable donkeys, a bossy Shetland pony, a pair of irresistible cats, and a richly entertaining wildlife population. She is a certified assistant instructor through the Canadian Therapeutic Riding Association.

PRICE \$25

A PORTION OF PROCEEDS WILL BE DONATED TO THE JOYRIDERS

To order a copy, contact the author at ddavey@eastlink.ca